

TRUMBULL

PARKS &

RECREATION

**SPRING
SUMMER
2019**

5892 Main Street
Trumbull, CT 06611

**NEW
LOCATION!**

203-452-5060
www.recreation.trumbull-ct.gov

GENERAL INFORMATION

We're back at our old location!

**5892 Main Street
Trumbull, CT 06611
203-452-5060**



Contact Information



203-452-5060



www.trumbull-ct.gov



<https://recreation.trumbull-ct.gov>



recreation@trumbull-ct.gov



facebook.com/trumbullparksandrecreation



instagram.com/trumbullparksandrecreation

Office Hours

Open Monday-Friday from 9am-5pm

Closed on the following holidays:

- April 19th– Good Friday
- May 27th– Memorial Day
- July 4th & 5th– Independence Day
- September 2nd– Labor Day

Frequently Requested Contacts

Parks and Recreation	203-452-5060
Park Rangers	203-372-4061
Arts Coordinator	203-452-5065
Golf Course	203-452-5188
Main Library	203-452-5197
Public Works	203-452-5070
Senior Center	203-452-5199
Social Services	203-452-5198
Counseling Center	203-452-5193
Police (non-emergency)	203-261-3665
Animal Control/Shelter	203-452-5088
Town Clerk	203-452-5035

Meet the Team

Dmitri Paris	Parks Superintendent
Steve Chapman	Chief Ranger
Jill Hiriak	Recreation Manager
Dave Durand	Program Manager
Gretchen Xenelis	Office Manager
Christina Periero	Administrative Assistant
Mimi Gourley	Office Assistant
Mary Joan Wright	Youth Advisor
Merial Cornell	Youth Advisor
Emily Areson	Arts Coordinator

Parks & Recreation Commission

All Parks and Recreation Commission meetings are open to the public and are held on the 2nd Monday of every month at 7:00pm at Town Hall.

REGISTRATION INFORMATION

Registration

You may register online by visiting <https://recreation.trumbull-ct.gov> or register in person at our office located at 5892 Main Street.

If you have registered for a program or have received a park sticker in the past 3 years your information is already in our system and you do not need to create a new household. If you need help logging in please contact our office at 203-452-5060.

If you have never registered for our programs please create a new account. Once created our staff will need to verify your residency before we activate your account. Please allow 2-3 business days for your account to be verified.

Refund Policy

- Refund will be issued up to 15 days prior to program begin date less \$20.00 administrative fee.
- Refunds within 15 days of program start date only if space can be filled by applicant on wait list, less \$20.00 administrative fee.
- Refunds will be issued for medical reasons up to the program start date (physicians note may be required).
- Pro-rated refunds are not issued.
- A full refund will be issued for any program canceled by the Parks and Recreation Department.

Discounts

Discounts are available on select programs. Current discounts available include:

Multiple Child Family Discount – Siblings age 16 and under registering for the same program and in the same session. Must register at the same time – 20% per registration. Only available on certain programs (will be noted under the individual program fee).

Senior Citizen Discount (age 62 and over) – 20% discount.

Income Based Discount – Full and Partial Waivers are available for those who qualify. Please contact Social Services at 203-452-5133 for additional information.

Weather Policy

- During the summer and on the weekends during the school year all notifications will be sent out via the QNotify system. To register for QNotify please visit www.trumbull-ct.gov and find “Stay Connected at the bottom of the page then click on ‘Town Mailing Lists’.
- During the school year if school is cancelled, all programs are cancelled.
- If school dismisses early, all afternoon and evening programs are cancelled.
- If school is delayed, all programs before noon are cancelled.
- Weather related cancellations may not be rescheduled for given a refund.

Age Policy

Participants must meet the age requirement by the START DATE of the program. Our office may ask for proof of age (i.e. birth certificate) before allowing the participant to register. Age specific programs vary by season. Some examples of these programs are Children's Art and Sing-a-Long, Youth Swim Lessons and the Junior Camp (Summer Program).

INFORMATION AND SERVICES

2019 Vehicle Park Stickers are now available at the Parks and Recreation Office!

Vehicle park stickers are required for all vehicles visiting the Trumbull Parks. Please bring a copy of your valid vehicle registration to the Parks and Recreation Office to receive your sticker. A photocopy or picture of your registration on your mobile device is acceptable. Visit the Parks and Recreation page on www.trumbull-ct.gov for conditions and guidelines.

Park Rentals

Our parks are the perfect place to host your next special event! We offer pavilion rentals at Old Mine, Twin Brooks and Unity Parks. The Abraham Nichols-Woods Estate is also available as a park rental. Please make your reservation at least 30 days in advance. Information on conditions, rates, and applications are available online. Visit www.trumbull-ct.gov then find the PDF link to 'Park Rental Conditions' at the bottom of the 'Parks and Recreation' page.

Community Gardens

Update: All plots have been assigned for 2019. Please check back in 2020!

Trumbull residents may request a plot in our community garden, located at Abraham Nichols Park. The number of plots are limited and priority will be given to returning gardeners. For more information or to request a plot please contact Gretchen at GXenelis@trumbull-ct.gov

Discounted Movie Tickets

Going to the movies? Our office offers discounted movie tickets to Bow Tie Cinemas! Tickets are \$9 each and can be redeemed at the theater or online. We accept cash, Visa, Master Card or Discover. We apologize— we do not accept checks or American Express for movie tickets.

Moving?

Have you moved within the state of Connecticut? Save yourself a trip to the DMV and change your drivers license or vehicle registration at our office. Simply bring in your current drivers license and proof of your new address and we'll submit the paperwork for you. Please visit our website for a list of acceptable forms of proof for Trumbull residency.

Oops!

Due to schedule changes, program updates and other circumstances all information in this brochure is subject to change. Thank you in advance for your cooperation and understanding.

TODDLER PROGRAMS

Children's Summer Sing-A-Long

Who: Children 1-5 years old

Location: The Barn at Indian Ledge

Fee: \$45 per child, per session

Session: June 24th - August 14th

Pick Your Day/Time:

- 1) Ages 1-3, Mondays, 10am-10:45am
- 2) Ages 1-3, Mondays, 11am-11:45am
- 3) Ages 4-5, Weds, 11am-11:45am

Class starts with casual play as participants arrive. Class activities include a circle time song, finger-plays, parachute play, and marching and rhymes. Each class ends with an interactive story and a hand stamp.

Comfortable shoes and dress are recommended. Parents/caregivers are asked to actively participate with their child. Many participants visit the springer lot and playground after class, weather permitting.

Note: Parents should bring a snack and a spill-proof cup with drink for their child.

FIT4MOM



Location: Twin Brooks Park

Times: Monday-Friday, 9:30am-10:30am
Saturday, 9:00am-10:00am

For more information, membership packages and to register please visit the Southeast Fairfield County FIT4MOM website at <http://seffco.fit4mom.com>

FIT4MOM is the nation's premier provider of pre and post-natal fitness programs. Stroller Strides® and Stroller Barre are stroller-based fitness programs designed for moms to do with their little ones. Classes are taught by certified fitness instructors and are a great way to get back into shape, have fun with your baby, and meet other moms.

During this 60-minute class, mom achieves a total body workout using exercise bands, the environment and the stroller, while baby has fun! We will incorporate power walking/jogging, strength training, toning, songs and activities into each workout.

Concerts in the Park

Our children's concerts are held on Tuesdays from 12pm-1pm at Twin Brooks Park. See our Concerts page for more information.

Toddler Sports

We are excited to offer t-ball and multi-sport clinics for children ages 2-7. See our US Sports Institute page for more information.

Infant & Toddler Swim Lessons

Group swim lessons are available for children ages 6 months and older. See our Swim Lesson page for more information.

IMPORTANT POOL INFORMATION

POOL RULES AND REGULATIONS MUST BE ADHERED TO AT ALL TIMES

A full list of rules and regulations are available on our website and at each pool.

Entry Requirements

- Trumbull pools are open to Trumbull residents only. Guests are allowed but **must** have a Trumbull 2019 Guest Pool Pass and must be accompanied by a Trumbull resident at all times. Guest Pool Passes are only available from the Trumbull Parks and Recreation Office.
- Children under 12 must be accompanied by an adult with an ID. No one may leave a swimmer under the age of 12 alone within the pool gates.
- Children 12 to 17 who do not have ID's must sign in with their name, address and emergency phone number.
- **EACH ADULT RESIDENT** must present their own valid driver's license or government issued picture ID that has their name and Trumbull address. Those without their ID will not be allowed entry.
- Spouses may not use each other's ID as proof of residency.

Attire

- Swimmers cannot wear anything but clothing that is intended to be swim attire.
- Diaper dependent patrons must wear swim diapers or snug plastic pants under their swimsuits (this includes the kiddy pool at Tashua.) Residents may purchase a swim diaper from the guard shack for \$2. This money will be given to the pool supervisor on duty at a suitable time.

Other Information

- Water may be brought into the pool one of two ways; First, in an unopened commercial bottle. Second, is that an empty reusable bottle may be brought in and filled at the water fountain.
- No smoking, vaping, food, gum or drinks (except water) inside the fenced in area. This may exclude pregnancy, persons with disabilities and other conditions including diabetes, upon the discretion of pool supervisor only.
- No floatation or swim aids (including but not limited to: swimmies, snorkels, fins etc.) allowed in the pools. EXCEPTION: Swimmer presents a doctor's note first to recreation offices then to the head lifeguard.
- No water propelling devices of any kind.
- No balls, water rockets or throwing any object or toy ever.
- Adult swim will be for 15 minutes, every hour on the hour from one hour after pool opening to 5pm Monday- Friday and all day on the weekends, unless weather and pool usage does not warrant it.
- The Parks and Recreation Department and its agents may suspend privileges based on unsafe behavior or unacceptable conduct.

AQUATIC LOCATIONS AND HOURS

Hillcrest Pool

530 Daniels Farm Road, Trumbull

Adult Early Bird Lap Swim

Who: Trumbull residents age 18+

Duration: Year Round, subject to cancellation based off of school closures.

Days: Monday-Friday from 6:00am-7:15am

There is no cost for early bird swim. Residents must bring a photo ID or proof of Trumbull residency to enter the pool. Guests are not allowed at any time.

Water fitness classes are also available (see our class schedule on the Aquatic Programs page). Pool operation is subject to school closures.

Trumbull Sprinkler Lots

Indian Ledge Sprinkler Lot

Indian Ledge Park Road, Trumbull

Beaches Sprinkler Lot

Beach Memorial Road, Trumbull

Our two sprinkler lots are open 7 days a week from Memorial Day thru mid September (dependent on weather).

A valid park sticker is required to park in any of the Trumbull Parks. Vehicles without stickers may be ticketed. Stickers are available at the Trumbull Parks and Recreation office (see page 3 for more details).

Beach Memorial Pool

Beach Memorial Road, Trumbull

Opening Day: May 25th

Hours of Operation:

May 25th - June 21st– 12pm-6pm

June 22nd - August 25th: 10am-8pm

August 26th- September 2nd: 12pm-6pm

Beaches Pool is open seven days a week, and offers a zero depth entry. One of the Town's two sprinkler lots is located adjacent to Beach Memorial Pool.

Tashua Pool

40 Tashua Knolls Lane, Trumbull

Opening Day: June 22nd

Hours of Operation:

June 22nd - August 25th:

Saturday & Sunday: 10am-8pm

Monday-Friday: 12pm-8pm

*Kiddie pool opens at 10am to children ages 5 and under with a parent or caregiver.

August 26th- September 2nd: 12pm-6pm

Tashua Pool is open seven days a week and offers a diving board and slide which are open limited hours. There is also a kiddie pool open to children ages 5 years old and under with a parent or caregiver.

AQUATIC PROGRAMS

Tashua Pool Teen Night

Who: Trumbull teens, ages 13-17

Location: Tashua Pool

Day: Wednesdays, June 26th-August 21st

Time: 8-10pm

Fee: Free

Every Wednesday night is Teen Night at Tashua Pool! Trumbull teens ages 13-17 are invited for this teen only event. Teens will need to show a Trumbull High ID. If school ID is not available a parent with photo ID with proof of Trumbull residency may check the teen in at the pool gate. Lifeguards will be on duty and various entertainment will be offered throughout the summer.

Shallow Water Fitness

Who: Adults, ages 18+

Pick Your Session:

- 1) June 3rd-August 21st
Meets on: Mondays & Wednesdays*
Time: 10:30-11:30am
Location: Hillcrest Middle School Pool
Fee: Residents: \$60 per person
Non-Residents: \$80 per person
- 2) June 23rd-August 18th
Meets on: Sundays (no class July 7th)
Time: 8:30-9:30am
Location: Tashua Pool
Fee: Residents: \$35 per person
Non-Residents: \$45 per person

This program is for men and women ages 18 years of age and older. In this class participants will be in the shallow water with an optional deep-water segment.

*This session is 14 classes long. Hillcrest Pool will be closed for a portion of the summer, however the dates are not known at this time.

Beaches Adaptive Swim

Who: Trumbull families

Location: Beach Memorial Pool

Duration: June 24th-August 19th

Days/Times: Mondays from 8-10pm
Fridays from 9-10am

Fee: Free

Every Monday night and Friday morning are Adaptive Swim at Beaches Pool. Trumbull residents with special needs and their families are invited to the pool for open swim. A valid ID with proof of Trumbull residency is needed for entry to the pool.

Deep Water Fitness

Who: Adults, ages 18+

Location: Hillcrest Middle School Pool

Days: Mondays & Wednesdays

Session Dates: June 3rd– August 21st

Time: 11:30am-12:30pm

Fee: Residents: \$60 per person
Non-Residents: \$80 per person



This program is for men and women ages 18 years of age and older. Non-swimmers who are comfortable in deep water are welcome. Participants are encouraged to bring their own a flotation belt and set of aqua bells to class. This session is 14 classes long. Hillcrest Pool will be closed for a portion of the summer, however the dates are not known at this time.

SWIM LESSONS

Infant & Me Swim Lessons

Who: Children ages 6 months to 2 years and their companion

Location: Beach Memorial Pool

Fee: \$50 per child, per session
Multi-child discounts available

Class Time: 10:30am

Pick Your Day: Mon/Wed or Tue/Thu

Pick Your Session: 1) Jun 24th-Jul 11th*
2) Jul 15th-Aug 1st
3) Aug 5th-Aug 22nd

In this class our lifeguards will lead this fun and enriching program to introduce your infant to the water. The class is designed for children ages 6 months to 2 years old. Each child must be accompanied in the water by an adult companion, preferably someone part of the child's household or that the child is comfortable with.



Class are held twice a week for three weeks.

*There are no lessons on July 4th.

Aquatic lessons and programs may be cancelled due to weather or pool conditions with no make-up classes or refunds given.

Toddler & Me Swim Lessons

Who: Children ages 2-4 and their companion

Location: Tashua Pool

Fee: \$50 per child, per session
Multi-child discounts available

Pick Your Time: 10:30am or 5:25pm

Pick Your Day: Mon/Wed or Tue/Thu

Pick Your Session: 1) Jun 24th-Jul 11th*
2) Jul 15th-Aug 1st
3) Aug 5th-Aug 22nd

Trumbull lifeguards will lead this fun and enriching program to introduce your child to the basics of swimming. The class is designed for children ages 2-4 years old. Each toddler must be accompanied in the water by an adult companion, preferably someone part of the child's household.

Class are held twice a week for three weeks.

*There are no lessons on July 4th.

Adult Swim Lessons

Who: Ages 16+

Location: Tashua Pool

Day: Sundays, June 23rd-August 18th

Time: 9:30-10:00am

Fee: \$40 per person

Whether you're just learning to swim or are looking to improve your technique. Want to learn to swim? Looking to improve your technique? Then this class is for you! Our experienced instructor will help you achieve your goals in this 8 session class. No class July 7th.

YOUTH SWIM LESSONS

The Trumbull Parks and Recreation Department offers youth, ages 5 to 12, four comprehensive youth swim courses that will help to ensure the safety in the water. The prerequisite for each level is the successful completion of the skills from the previous level (except for level one which has no prerequisite.) All swim lessons are 35 minutes long. The first 5 minutes of the class is for attendance and stretching, the next 25 minutes will be spent on swim development. The last 5 minutes is set aside for winding down with jumping or another fun activity such as the diving board or slide.

Youth swim lessons run Monday-Friday in two week sessions at Tashua pool. Lessons may be cancelled due to inclement weather conditions with no make-up classes or refunds given.

*There are no classes on July 4th.

All participants must pass a skills assessment before advancing into another level.

Level 1

Ages: 5 –12

Days: Monday- Friday

Location: Tashua Pool

Fee: \$50 per child, per session
Multi-child discounts available

Pick Your Time: 9:05am, 9:45am, 11:15am,
4:00pm or 4:45pm

Pick Your Session: 1) Jun 24th - Jul 5th*
2) Jul 8th - Jul 19th
3) Jul 22nd - Aug 2nd
4) Aug 5th - Aug 16th

This class will help make participants feel comfortable in water. Participants will work on the following: Entering and exiting water safely



from the side & ladder with support. Submerging the face. Exhaling underwater through mouth

and nose. Floating on front and back with support. Swimming on front & back, with support. Rolling over with support. Treading-exploring arm and hand movements in chest deep water. Basic water and safety rules.

Level 2

Prerequisite: Skills from Level 1

Days: Monday- Friday

Location: Tashua Pool

Fee: \$50 per child, per session
Multi-child discounts available

Pick Your Time: 9:05am, 9:45am, 11:15am,
or 4:00pm

Pick Your Session: 1) Jun 24th - Jul 5th*
2) Jul 8th - Jul 19th
3) Jul 22nd - Aug 2nd
4) Aug 5th - Aug 16th

This class will teach participants the fundamental skills necessary for independent swimming.

Participants will work on the following; Entering the water independently by jumping, sitting, using stairs and ladders. Exiting water independently using ladder and side. Submerging the entire head for at least 5 seconds. Rhythmic pattern of exhaling while head submerged (bobs). Picking up a submerged objects at least 3 times. Floating on the front and back, unsupported. Performing front and back glide, unsupported. Rolling over unsupported. Swimming on front & back (Elementary) using combined arm & leg movement for 10 feet, unassisted. Treading-using arms and legs in chest deep water only, unsupported. Water safety and helping others.

YOUTH SWIM LESSONS

The Trumbull Parks and Recreation Department offers youth ages 5 to 12 four comprehensive youth swim courses that will help to ensure the safety in the water. The prerequisite for each level is the successful completion of the skills from the previous level (except for level one which has no prerequisite.) All classes are 35 minutes long. The first 5 minutes of the class is for attendance and stretching, the next 25 minutes will be spent on swim development. The last 5 minutes is set aside for winding down with jumping or another fun activity such as the diving board or slide.

Youth swim lessons run Monday-Friday in two week sessions at Tashua pool. Lessons may be cancelled due to weather conditions with no make-up classes or refunds given.

*There are no classes on July 4th.

All participants must pass a skills assessment before advancing into another level.

Level 3

Prerequisite: Skills from Level 2

Days: Monday- Friday

Location: Tashua Pool

Fee: \$50 per child, per session
Multi-child discounts available

Pick Your Time: 9:05am, 9:45am, 10:30am,
or 4:45pm

Pick Your Session: 1) Jun 24th - Jul 5th*
2) Jul 8th - Jul 19th
3) Jul 22nd - Aug 2nd
4) Aug 5th - Aug 16th

This class builds on the skills of level 2 and develops strokes through these guided practices: Jumping into deep water from the side. Diving from a kneeling position. Performing a front and back float for 30 seconds. Submerging & retrieving an object in deep water. Performing front and back glides with 2 different kicks (together and separate). Learning to use rotary (side) breathing. Performing front and back crawl for 15 yards. Learning the basics of breaststroke arms and kicks. Treading- Changing from horizontal to vertical back again in deep water for 1 minute. Open turns on front. Water safety, helping others & reaching assist.

Level 4

Prerequisite: Skills from Level 3

Days: Monday- Friday

Location: Tashua Pool

Fee: \$50 per child, per session
Multi-child discounts available

Pick Your Time: 10:30am, 11:15am,
or 5:25pm

Pick Your Session: 1) Jun 24th - Jul 5th*
2) Jul 8th - Jul 19th
3) Jul 22nd - Aug 2nd
4) Aug 5th - Aug 16th

This class increases confidence and strength through improved skills from previous levels as well as learning new aquatic skills. Shallow diving from the side of the pool. Treading water for 2 minutes and survival float. Rotary breathing for front crawl. Lifeguard skills including performing a compact jump, stride jump, gentle entry, reach assist & throw assist. Back crawl, breaststroke and front crawl development. Side stroke. Flip turns on the front.

Same Classes – New Names!

Beginner is now Level 1

Advanced Beginner 1 is now Level 2

Advanced Beginner 2 is now Level 3

Intermediate is now Level 4

SUMMER CAMP

Junior Camp

Who: Ages 4, 5 and 6 years old

Days: Monday-Thursday at Frenchtown
Fridays at Indian Ledge Sprinkler Lot

Time: 9:00am-2:45pm

Session 1: June 24th - July 5th (no camp July 4th)

Session 2: July 8th - July 19th

Session 3: July 22nd - August 2nd

Session 4: August 5th - August 16th

Fee: \$75 per person, per session
Multi-child discounts available

Junior Camp offers children ages 4 and 5 the opportunity for a summer camp experience at Frenchtown Elementary school. Campers will have the opportunity for free play, arts & crafts, group games, tag, water days, and special themed days. Each Friday, the camp meets at Indian Ledge Sprinkler Lot and Playground for the day. Pick up and drop off are at this location.

Parents should provide a snack, lunch and refillable water bottle for their child. Sunscreen and bug spray should be applied before camp daily. Camp may be cancelled for rainy days with no refund or make up day given.

Before & After Camp Care

Who: Playground/Junior Camp Participants

Days: Monday - Friday

Time: Before Camp- 8:00-9:00am
After Camp- 2:45-4:00pm

Fees: Before Camp- \$25/session
After Camp- \$35/session
Both- \$50/session

Not available on Trip or Sprinkler Park days. Parents may choose one or both option at an addition cost. Location is the same as the camp location on that day.

Playground Camp

Who: Ages 6-12 years old

Days: Monday, Tuesday, Thursday
and Friday

Wed.– trip day (additional fee req.)

Locations: Tashua or Daniels Farm Schools

Time: 9:00am-2:45pm

Session 1: June 24th - July 5th (no camp July 4th)

Session 2: July 8th - July 19th

Session 3: July 22nd - August 2nd

Session 4: August 5th - August 16th

Fee: \$75 per person, per session
Multi-child discounts available

Our playground camps offers children outdoor experiences and physical activity with peers under the supervision of trained counselors.

A variety of structured activities and free play will be offered each day. Activities include games, arts & crafts,



sports, group games and challenges. The playground camp will allow campers to be creative, explore, and have fun while making new friends.

Parents should provide a snack, lunch and refillable water bottle for their child. Sunscreen and bug spray should be applied before camp daily. Camp may be cancelled for rainy days with no refund or make up day given.

Wednesdays are trip days that are not included in the regular camp. Trips are optional and listed on the next page. There is no regular camp at the school on trip days.

PLAYGROUND CAMP TRIPS

Playground Camp Trips

Who: Playground Camp Participants

Days: Wednesdays

Location: Pick-Up/Drop-Off at Daniels Farm School

Fee: Varies per trip. No discounts available. Fees are in addition to Playground Camp fee.

Session 1: June 26th– Sports Center. 9am-2:45pm. \$30 per person.

Spend the day playing mini golf, laser tag, bowling and arcade games!
Participants may bring money for the snack bar or additional games/activities.

Session 1: July 3rd– Beardsley Zoo. 9am-2:45pm. \$30 per person.

Come see a variety of animals including tigers, wolves, monkeys and more!

Session 2: July 10th– Maritime Aquarium. 9am-4pm. \$30 per person.

Get a peak at life in the sea. You'll enjoy a tour of the aquarium and an IMAX movie.

Session 2: July 17th– Rockin' Jump and Nature Center. 9am-2:45pm. \$35 per person.

After two hours of a jumpin' good time, campers explore the Trumbull Nature Center.

Session 3: July 24th– Adventure Park at the Discovery Museum. 9am-2:45pm. \$50 per person.

Spend a day in the trees! Explore the Park's 13 treetop trails.

Session 3: July 31st– Bounce Town USA. 9am-2:45pm. \$30 per person.

Bounce the day away on their inflatables plus check out their laser tag, bumper cars, or virtual reality. Participants may bring money for arcade games or snacks.

Session 4: August 7th– Hammonasset Beach State Park. 9am-2:45pm. \$25

Explore the Nature Center and the beach. Participants will not be swimming.

Session 4: August 14th– Sports Center. 9am-2:45pm. \$30 per person.

Campers love Sports Center so much that we're going twice this year! Participants may bring money for the snack bar or additional games/activities.

Participants must be enrolled in that week's session of Playground Camp in order to go on the trip. Trips take place on Wednesday each week of camp and are optional. There is no regular camp the day of trip. Some trips are longer than a normal camp day to allow for travel and enough time at each location. Fees include all activities and transportation.

Parents should provide a lunch, snack and refillable water bottle for campers. Pick-up and drop-off for trips will be at Daniels Farm Elementary School for all campers. Please drop off by 9:15am. Refunds will not be given if participants miss the bus. There is no Before or After Care on trip days.

TEEN ADVENTURE GROUP

The Teen Adventure Group offers summer trips for Trumbull teens entering grades 6-12. Trips include outdoor challenges promoting team building & leadership skills.

Drop-off and pick-up is from The Barn at Indian Ledge. Please do not arrive prior to the time listed.

Trips depart 15 minutes after drop off. Participants must bring their own lunch unless otherwise noted. Departure and return times are approximate and will be confirmed closer to the event date.

Tree Climbing and Zip-Line Canopy Tour

Day/Time: June 25th, 8am-5pm

Location: Empower
Middletown, CT

Fee: \$65 per person



Spend the day in the trees! You'll experience tree-climbing, zip-lining and ropes courses. The professional guides will provide orientation and all safety equipment needed for this sky-high adventure.

Surfing

Day/Time: July 9th, 8am-5:30pm

Location: Peter Pan Academy
Pawtucket, RI

Fee: \$55 per person



Learn to surf! Each surfer will be supplied with a surfboard for their ability level and size. Then head out onto the water with professional ESA qualified instructors. Boogie boards will also be available.

White Water Rafting

Day: July 25th, 7am-7:30pm

Location: Berkshire Whitewater
Charlemont, MA

Fee: \$75 per person



Experience Deerfield River in a whole new way! Your guides will teach you the basics of paddling and give you a brief warm up before heading out on the river. On your trip you have a blast experiencing Class I & II rapids and will also be able to float, swim and see all of the wildlife along the river. Lunch will be provided.

Paintball

Day: August 6th, 8:30am-5pm

Location: Yankee Paintball
Oxford, CT

Fee: \$60 per person



Test your skills on 5 different paintball fields! After your game is over come back to the staging area, refill your air and paintballs, then head to another fields. All gear and safety equipment will be provided. Please do not bring your own paintballs.

Snorkeling and Kayak Excursion

Day: August 20th, 8:30am-5:30pm

Location: New England Science and Sailing
Stonington, CT

Fee: \$45 per person



Experience the water above and below the surface! You'll spend the day kayaking, snorkeling and seine/dip netting. All equipment will be provided. Participants may bring their own snorkeling gear.

Fees are reduced due to funding from a youth service bureau grant from the State Department of Education.

**For more information call
Robin Bieber at 203-452-5193**

**Provided by
The Mary J. Sherlach
Counseling Center
and Trumbull Parks & Recreation**

US SPORTS INSTITUTE

The US Sports Institute provides year-round sports programs that enable children to grow in an atmosphere that promotes integrity, self-esteem, positive values, and good sportsmanship.



Multi-Sport Camp

Who: Children ages 5-12

Day: Monday-Friday

Where: Indian Ledge Park

Pick Your Time:

- 1) Full Day, 9am-4pm,
Resident- \$219, Non-Resident- \$239
- 2) Mornings, 9am-12:30pm
Resident- \$189, Non-Resident- \$209
- 3) Afternoons, 1-4pm
Resident- \$149, Non-Resident- \$169

Pick Your Session:

- 1) August 5th-9th
- 2) August 12th-16th
- 3) August 19th-23rd

Players will focus on developing their technique and skills within each sport and will gain a basic knowledge of playing a scrimmage. With a wide range of fun-filled sporting activities, coupled with the professional staff, this camp offers a unique experience that will never be forgotten. Sports may include baseball, flag football, kickball, soccer, lacrosse, field games, and more. Please bring a water bottle and a lunch (if staying the full day). Sunscreen and bug spray should be applied prior to camp.

Sports Squirts Clinics

Sports Squirts programs are designed to introduce children ages 2-7 to a variety of sports in a safe and structured environment. All games and activities will encompass hand-eye coordination, balance, agility and movement– all key factors to the early development of children in sports.

Multi-Sport Clinic

Day: Saturdays

Dates: July 13th-August 17th

Where: Trumbull High School

Times:

- 1) Parent & Me, ages 2-3, 9-9:45am
- 2) Sport Squirts, ages 3-5, 9:45-10:30am
- 3) Senior Squirts, ages 5-7, 10:30-11:15am

Fee: Resident- \$99, Non-Resident- \$119

Players will focus on developing their technique and skills within each sport and will gain a basic knowledge of playing a scrimmage. Sports may include baseball, flag football, kickball, soccer, lacrosse, field games, and more.

T-Ball Clinic

Day: Sundays

Dates: July 14th-August 18th

Where: Trumbull High School

Times:

- 1) Parent & Me, ages 2-3, 9-9:45am
- 2) Sport Squirts, ages 3-5, 9:45-10:30am
- 3) Senior Squirts, ages 5-7, 10:30-11:15am

Fee: Resident- \$99, Non-Resident- \$119

These t-ball programs are the perfect introduction to baseball and softball for your young slugger! All of the classes are designed to develop skills including hitting, catching, throwing, and base-running.

SPORT CLINICS

Volleyball Clinic

Who: Entering grades 4-12

Date: June 24th-July 5th (no class on July 4th)

Time: Grades 4-7: 9am-10:30am
Grades 7-12: 10:30am-Noon

Where: Unity Park Volleyball Courts

Fee: \$50 per person
Multi-child discounts available

Our volleyball clinic is offered to Trumbull residents entering grades 4-12. Our staff will run drills and games with players to help develop their skills and teach them the sport. Rules will be taught throughout the clinic.

Multi-Sport Clinic

Who: Entering grades 4-9

Days: Monday-Friday

Time: 9:00am-Noon

Where: Indian Ledge Turf

Fee: \$50 per person, per session
Multi-child discounts available

Session 1: June 24th– 28th

Session 2: July 22nd– 26th

The Trumbull Recreation multi-sport camp offers boys and girls entering 4th-9th grades the opportunity to receive instruction and play over 10 different sports. Soccer, ultimate frisbee, flag football, handball, kickball, slow-pitch softball, dodgeball, volleyball, floor hockey, battleship and crab soccer may be played on various days. This clinic focuses on kids having fun and showing good sportsmanship. If clinic is cancelled due to weather no make-up will be offered.

Track Clinic

Who: Ages 8-14

Days: Mondays and Wednesdays

Time: 6:00pm-8:00pm

Where: Trumbull High School

Fee: \$40 per person, per session
Multi-child discounts available

Session 1: June 24th- July 10th

Session 2: July 15th– July 31st

This low-key, fun program includes sprinting and distance running, relays and more. This revamped clinic will introduce your child to Track & Field and will help improve skills and abilities. Athletes will learn a routine of proper warmup, drills, and stretching, and be exposed to some of the more specific, technical aspects of certain events (starts, form, etc.) They learn and practice plyometric drills for strength, balance, and agility. The age, maturity of the child and their ability to follow directions will determine the events that are appropriate for them. We also play a lot of running games to keep things fun for all ages. Critical lessons in sports and life will be emphasized, such as teamwork, respect and sportsmanship, while fostering a lifelong love for an active, healthy lifestyle. Participants should wear comfortable running shoes, bring a water bottle and positive attitude!

Camps and Clinics may be cancelled due to weather with no make-up classes or refunds offered.

SPORT CLINICS

Flag Football Clinic

Who: Boys and Girls entering grades 4-12

Dates: July 1st-5th (no class on July 4th)

Times: 9:00am - 12:00pm

Where: Indian Ledge Turf

Fee: \$40 per person

Multi-child discounts available

Participants will have the opportunity to learn the rules of the game, practice skills, run drills, and scrimmage others. This program allows students to spend time outside, getting exercise and having fun! The group will meet every day at the Indian Ledge turf field. Participants should wear comfortable athletic shoes/clothes and bring a bottle of water. Sunscreen is highly recommended every day and should be applied at home. Camp may be cancelled due to weather with no make-up classes offered.

Boys and Girls Basketball Clinics

Who: Youth entering grades 4-9

Day: Monday-Friday

Where: Christian Heritage School

Fee: \$50 per person, per session

Multi-child discounts available

Sessions:

1: Girls 4th-9th, July 8th-12th, 9am-noon

2: Boys 4th-6th, July 15th-19th, 9am-noon

3: Boys 7th-9th, July 15th-19th, 12:30-3:30pm

This clinic is for Trumbull youth grades 4-9 and for all ability levels. Our counselors are high school and collegiate athletes that will lead participants through various activities, drills, and games. This clinic is focused on sportsmanship and fun so that all participants will have the opportunity to play and work on their skills.

Youth Basketball League

Who: Boys entering grades 5-7

Day: Mondays and Wednesdays

Times: 6:00pm or 7:00 pm

Session Dates: June 24th-July 31st

Where: Tashua Knolls outdoor courts

Fee: \$50 per person

The league is open to boys entering 5th, 6th and 7th grades in Trumbull. Games are played on Monday and Wednesday evenings at 6 or 7pm for 6 weeks. Teams are made up of 10 players who play a round robin schedule and all receive equal playing time. There are no coaches in this league. All substitutions and coaching come from our referee and coordinator. Games may be cancelled due to weather with no make-up games offered.

Lacrosse Clinic

Who: Boys and Girls ages 7-15

Dates: July 8th-12th

Times: 9:00am-12:00pm

Where: Indian Ledge Turf

Fee: \$50 per person

Multi-child discounts available

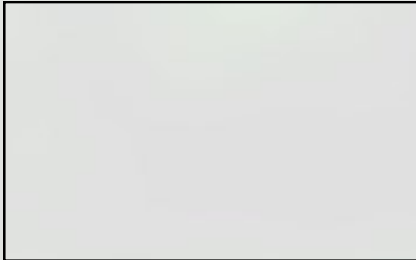
Participants will have the opportunity to learn the rules of the game, practice skills, run drills, and scrimmage others. This program allows boys and girls to spend time outside, getting exercise and having fun! The group will meet every day at the Indian Ledge turf field. Participants should wear comfortable athletic shoes/clothes and bring a bottle of water. Sunscreen is highly recommended every day and should be applied at home. Camp may be cancelled due to weather with no make-up classes offered.

NEW!

CONCERTS

Concerts in the Park

Presented by the Mallett Trust



Grab your lawn chair and join us every Tuesday for an outdoor concert at the Town Hall Green & Gazebo.

Tuesdays from 7:00pm-8:30pm

Rain date is the Thursday of the same week unless otherwise noted.

June 25 th	Yesteryear	July 30 th	What It Is
July 2 nd	Marc Berger with RIDE (rain date is Tuesday September 10th)	August 6 th	The Bernadettes
July 9 th	Billy Genaurio and the Destiny	August 13 th	I'Liguri
July 16 th	Steve D'Agostino Band	August 20 th	Mia and the Riff
July 23 rd	Bob Button Big Band	August 27 th	Kathy Thompson Band
		September 3 rd	The Barons

Schedule subject to change. Check our website for updates.

Children's Concerts

Our lunchtime concerts are a perfect way for you to enjoy music in the park with your little ones. After the concert stay and enjoy the playground or take a walk through beautiful Twin Brooks Park.



Tuesdays from Noon-1:00pm at Twin Brooks Park

June 25 th	T-Bone	July 30 th	Jay and Ray
July 2 nd	Al Decant	August 6 th	Marcia Louis
July 9 th	Les Julian	August 20 th	Tom Weber
July 16 th	Ryan SanAngelo		
July 23 rd	Lynn Lewis & Friends		

This event may be cancelled in the event of rain with no rain date provided. Check our website for more information.

TRUMBULL YOUTH ASSOCIATION

Summer Musical: The Little Mermaid Jr.

Who: Grades 5-8

Location: Trumbull High School Auditorium

Performances: August 16 & 17

Director: Maurya Brown

Fee: Residents- \$290 per person

Non-Residents- \$350 per person



Journey "Under The Sea" with Ariel and her aquatic friends in this production adapted Disney's Broadway production and the motion picture. Performers will develop their theatre performance skills including solo & ensemble acting, singing and movement. Visit www.trumbullyouth.org for more information.

Summer Musical: West Side Story

Who: High school and college students

Location: Trumbull High School Auditorium

Performances: August 8-11, 2019

Director: To be announced

Auditions will be held in late May or early June. More details will be posted as they become available on the TYA website– www.trumbullyouth.org.



SAVE THE DATE!

TYA 50th Anniversary Celebration

Who: Open to all

Day: June 1, 2019

Time: 8:00pm

Location: Trumbull High School Auditorium

The Trumbull Youth Association is excited to announce its upcoming 50th Anniversary. TYA will be celebrating this great event by presenting a concert featuring alumni and current members who will perform musical numbers from some of the past performances. Proceeds from this concert will be used to purchase theatrical equipment for the THS auditorium.

TYA has been thrilling audiences every summer since 1969 with fabulous summer musicals combining the talents of theatre professionals and local students ages 18-21. TYA alumni, current members and anyone interested in volunteering should contact TYA at trumbullyouth@gmail.com.

More information is available on our website: www.trumbullyouth.org.

TENNIS AND PICKLEBALL

Provided by Marcy's Tennis Academy

Since 1995, Marcy's Tennis Academy (MTA) has brought the fundamentals of tennis to over 50 schools /community organizations and we are very excited to have MTA partner with Trumbull Parks and Recreation. Give your child a chance to learn the life-time sport of tennis in a fun-filled environment. We emphasize character building and sportsmanship while offering a fantastic time!

Students must dress appropriately with proper athletic shoes. Sign up includes tennis instruction, MTA t-shirt, progress report, and prizes. Students must bring a tennis racket or HEAD junior rackets can be purchased at www.marcystennis.com.



Guppies

Ages: 3-5 years old

Location: Tashua Knolls tennis courts

Days: Monday, Wednesday and Friday

Time: 9:00am-9:45am

Session 1: June 24th—July 5th

Session 2: July 8th—July 19th

Session 3: July 22nd—August 2nd

Session 4: August 5th—August 16th

Fee (per person, per session):

Residents- \$120

Non-Residents- \$140

Dolphins

Ages: 9-14 years old

Location: Tashua Knolls tennis courts

Days: Monday, Wednesday and Friday

Time: 11:00am-12:00pm

Session 1: June 24th—July 5th

Session 2: July 8th—July 19th

Session 3: July 22nd—August 2nd

Session 4: August 5th—August 16th

Fee (per person, per session):

Residents- \$120

Non-Residents- \$140

Turtles

Ages: 6-8 years old

Location: Tashua Knolls tennis courts

Days: Monday, Wednesday and Friday

Time: 10:00am-11:00am

Session 1: June 24th—July 5th

Session 2: July 8th—July 19th

Session 3: July 22nd—August 2nd

Session 4: August 5th—August 16th

Fee (per person, per session):

Residents- \$120

Non-Residents- \$140

Reef Sharks

Ages: 15 years old and older

Location: Tashua Knolls tennis courts

Days: Monday, Wednesday and Friday

Time: 12:00pm-1:00pm

Session 1: June 24th—July 5th

Session 2: July 8th—July 19th

Session 3: July 22nd—August 2nd

Session 4: August 5th—August 16th

Fee (per person, per session):

Residents- \$120

Non-Residents- \$140

TENNIS AND PICKLEBALL

Adult Tennis Lessons

Ages: 15 years old and older

Location: Tashua Knolls tennis courts

Days: Tuesdays and Thursdays

Time: 9:00-10:00am

Session 1: June 24th—July 5th (no class July 4th)

Session 2: July 8th—July 19th

Session 3: July 22nd—August 2nd

Session 4: August 5th—August 16th

Fee (per person, per session):

Residents- \$120

Non-Residents- \$140

Semi-Private Lessons

Marcy's Tennis Academy is excited to offer semi-private lessons to Trumbull residents and the surrounding communities. Participants should coordinate their group of 2, 3 or 4 people in advance as all players must be listed at the time of registration. Only one person will need to book the lesson though the Trumbull Parks and Recreation website.

Lessons are generally available 7 days a week between 12-4pm at the Tashua tennis courts. For lesson times outside of these hours please contact Marcy's tennis for availability. Each lesson is one hour long.

Once payment has been received the players will contact Marcy's tennis directly at 203-521-2663 to set their lesson time. A copy of your receipt is required to book your lesson.

Fees are for all participants per one-hour lesson

Semi-private lesson for 2:

Residents- \$95 Non-Residents- \$115

Semi-private lesson for 3:

Residents- \$115 Non-Residents- \$135

Semi-private lesson for 4:

Residents- \$135 Non-Residents- \$155

Junior Tennis Team

Location: Tashua Knolls tennis courts

Days: Saturdays, June 29th— August 17th

Time: 10:00am-12:00pm

Fee: Residents- \$200. Non-Residents- \$220

Marcy's Tennis Academy is offering a Junior Tennis Team. This is for the advanced junior player who has participated in MTA tennis in the past. A fun, non stressful league play round robin format. Players will be playing small sets in a doubles and singles format.

Adult Pickleball Lessons

Ages: 15 years old and older

Location: Tashua Knolls tennis courts

Days: Tuesdays and Thursdays

Time: 10:00am-11:00am

Session 1: June 24th—July 5th (no class July 4th)

Session 2: July 8th—July 19th

Session 3: July 22nd—August 2nd

Session 4: August 5th—August 16th

Fee (per person, per session):

Residents- \$120

Non-Residents- \$140

Adult Pickleball League

Location: Tashua Knolls tennis courts

Days: Mondays, Wednesdays and Fridays

Session: June 24th - August 16th.

Time: 6:00pm-8:00pm

Fee: Residents- \$50. Non-Residents- \$70

In this fun and causal, league you'll play up to 60 games. The person with the most points wins! The number of players will determine if the league runs 1, 2, or 3 night per week. No discounts are available for this program.

ADULT PROGRAMS

Golf Fitness

Ages: 14+

Location: The Barn at Indian Ledge

Days: Wednesdays

Time: 6pm-7pm

Session 1: April 24th—May 29th

Session 2: *to be announced*

Fee: \$120 per person, per session

Instructor: Chris Terenzio

Take your golf game to the next level with a fitness routine specifically designed for golfers. Titleist Performance Institute (TPI) certified trainer, Chris Terenzio, has designed a class to help you gain power off the tee, add consistency to your swing, increase range of motion and enhance your balance. All equipment will be provided. Please contact Chris Terenzio with further questions - 203-253-3179.

Boot Camp

Ages: 14+

Location: The Barn at Indian Ledge

Days: Tuesdays & Thursdays, year round

Time: 6:30pm-7:30pm

Fee: \$120 for 6 classes

Instructor: Chris Terenzio

Take your fitness to the next level with this fun and challenging exercise program that is appropriate for all ability levels. This class combines cardiovascular fitness, strength training, agility, balance and coordination to create a complete and unique workout. Participants are asked to bring a towel, exercise ball and a full bottle of water. Participants may take the 6 classes at any time and do not have to attend 6 times in a row.



Combo Fitness

Ages: 14+

Location: The Barn at Indian Ledge

Days: Wednesdays

Time: 7pm-8pm

Session 1: April 24th—May 29th

Session 2: *to be announced*

Fee: \$120 per person, per session

Instructor: Chris Terenzio

This unique class combines two of the most effective and challenging modes of exercise. Kettlebells help with explosive power and cardiovascular condition, which is important for anyone involved in sports. Suspension training challenges the core balance while accommodating imbalances in the body. Put the two together and have a fun, unique and challenging class. Please contact Chris Terenzio with further questions - 203-253-3179.

Water Fitness Classes

Ages: 18+

Location: Hillcrest Middle School

Days: Mondays & Wednesdays

Session Dates: June 3rd– August 21st

Fee: Residents: \$60 per person

Non-Residents: \$80 per person

Class options:

Shallow Water Fitness

Mondays and Wednesdays

10:30am-11:30am

Deep Water Fitness

Mondays and Wednesdays

11:45am-12:45pm

See our Aquatic Programs page for more information

KARATE

Adaptive Karate

Who: Ages 7+

Location: The Barn at Indian Ledge

Dates & Times: Mondays 7pm-8pm

Session 1: April 1st-May 20th

Session 2: June 3rd-August 19th

Fee: Residents: \$40 per person, per session

Instructor: Sensei Philip Lehrman

This program is designed to introduce students with special needs to Martial Arts, and is tailored to accommodate a range of special needs

issues and

developmental

challenges. Students

will learn balance,

control, coordination,

vocabulary, as well as

fundamental

Karate moves and

principles, while

developing self-

respect and confidence. Students age 7 and up, and their family members, are invited!



Note: The program requires participation with a minimum of one parent who must attend the class and assist with their own children.

**More programs are
being added!**

**Check our website for
the most up to date
listing of programs.**

Budo Karate

Who: Trumbull residents

Days: Tuesdays and Thursdays

Times: 7pm-8pm

Advanced Karate meets from 8-8:30pm

Location: The Barn at Indian Ledge

Fee: \$60 per person, per session

Multi-child discounts available

Pick Your Session:

1) May 21st-July 11th

2) July 16th-September 5th

Instructor: Sensei Susan Pacanowski

Japanese karate is rooted in a philosophy of self-improvement, discipline and hard training.

For Children, it helps develop skills to stay safe and succeed in life.

For Adults, the focus is on personal development or mental strength and self-defense.

For Families, karate offers a bonding activity that provides great health benefits.

Benefits of Budo Karate Include:

Balance & Coordination

Strength

Stamina

Flexibility & Range of Motion

Concentration & Focus

Stress Reduction

Self-Defense

Discipline & Motivation

Friendship & Comradery

EQUESTRIAN LESSONS & CAMPS

Provided by The Ridge Equestrian Center

The Ridge Equestrian Center offers summer camps and lessons to area youth ages 4 and up. These programs focus on safely educating young equestrians of all levels on the basics of horse care and riding.

Participants will have a short meeting then go directly to the barn where they will spend the whole day riding, grooming, bathing and feeding the ponies and horses. Riders will also meet with the blacksmith and veterinarian to learn about their roles in caring for the animals. The last day is a horse show where families are invited to watch their children ride.

Pony Camp 1

Ages: 4-8

Location: The Ridge Equestrian Center

Dates: July 1st-5th (no camp on July 4th)

Time: 10am-3pm

Fee: \$375 per person

The Ridge Equestrian Center

17 Papoose Hill Road
Newtown, CT 06470
203-426-8212

Pony Camp 2

Ages: All Ages

Location: The Ridge Equestrian Center

Dates: July 8th-12th

Time: 10am-3pm

Fee: \$375 per person

Horse Camp

Ages: All Ages

Location: The Ridge Equestrian Center

Dates: July 15th-19th

Time: 10am-3pm

Fee: \$375 per person

Private Lessons

Ages: All Ages

Location: The Ridge Equestrian Center

Dates: Call to book

Fee: \$160 for 4 sessions

Learn to ride with one-on-one instruction provided by the experienced staff at The Ridge. Each package includes 4 one-hour lessons. Lessons are available on Tuesday evenings and all day on Saturday and Sunday.

FUTURE STARS SPORTS ACADEMY

Future Stars Children's Foundation is a non-profit organization established for the benefit of youth offering comprehensive camps which include: INSTRUCTION, GAME PLAY, EDUCATIONAL DISCIPLINES and "LESSONS OF LIFE" Program.

Programs are held at various locations. Tuition includes a Future Stars t-shirt and giveaways.

Multi-Sport Camp at SportsCenter

Ages: Boys and Girls, ages 5-12

Time: 9am-4pm

Session 1: June 24th-28th

Session 2: July 1st-5th

Session 3: July 8th-12th

Session 4: July 15th-19th

Session 5: July 22nd-26th

Session 6: July 29th-August 2nd

Fee: \$220 per person, per session

Add-ons: Early drop off at 8:30- \$40/session
Lunch- \$50/session

This full day camp takes place at Sports Center of CT in Shelton. Children ages 5-12 are invited to join to participate daily in activities like basketball, baseball, soccer, mini-golf, fun bowl, laser tag, arcade, and more! Participants may add lunch and/or early drop off for an additional fee.

Sports Camps at Notre Dame High School

Program: Co-Ed Basketball

Ages: Boys and Girls, ages 5-9

Time: 9am-12pm

Session 1: June 24th-28th

Session 2: August 5th-9th

Fee: \$150 per person, per session

Program: Boys Basketball

Ages: Boys ages 9-12

Time: 9am-12pm

Session 1: June 24th-28th

Session 2: August 5th-9th

Fee: \$135 per person, per session

Program: Football

Ages: Boys ages 7-14

Time: 9am-12pm

Session 1: August 8-11

Fee: \$85 per person

These programs are offered by the Future Stars Academy, however Trumbull residents receive a discount by booking through the Trumbull Parks and Recreation website.

Basketball Camps at Insports

Program: Co-Ed Basketball

Ages: Boys and Girls, ages 5-9

Time: 9am-12pm

Session 1: July 8th-12th

Session 2: July 22nd-26th

Fee: \$175 per person, per session

CODE NINJAS

Transform your child's love of technology into an exciting learning adventure! Each Code Ninjas' Camp offers an immersive environment for children to explore and develop new skills, gain confidence, and have fun with friends.

Code Ninjas is for children ages 7-14. Each camp costs \$250 per child, per session. Early drop-off (7:45am) is \$25 per child, per session. Late pick-up (6pm) is \$50 per child, per session. Registration is available at <https://recreation.trumbull-ct.gov>. **Code Ninjas' programs are held at 4244 Madison Avenue in Trumbull.**

RoboPRO

Session 1: June 17th-21st, 12:30pm-4pm

Session 2: July 22nd-26th, 8:30am-12pm

A series of robotics activities based on the Ninja Toolbox, a special robotics kit available only at Code Ninjas. Campers build and code Robots throughout the week.

Browse & Build

Session 1: July 8th-12th, 12:30pm-4pm

Session 2: August 12th-16th, 8:30am-12pm

Campers will learn and create their own website and build games without the assistance of a game building engine.

Snap It Together

Session 1: July 1st-5th*, 12:30pm-4pm

Session 2: August 5th-9th, 8:30am-12pm

Discover the vast world of electronics and learn how electricity interacts with various elements through Ninja Circuits, our very own snap circuits kit! *No camp on July 4th

App Builders Club

Session 1: June 24th-28th, 12:30pm-4pm

Session 2: July 29th-August 2nd, 8:30am-12pm

Brainstorm and build your very own app using the MIT App Inventor!

Hack Attack!

Session 1: July 15th-19th, 12:30pm-4pm

Session 2: August 19th-23rd, 8:30am-12pm

Campers will learn the logic of play-testing, security and bug-fixing as they hack their way through this camp. Recommended for ages 10-14.

Game Builders Club

Session 1: June 17th-21st, 8:30am-12pm

Session 2: July 22nd-26th, 12:30pm-4pm

Build your very own video games from the ground up, using your artwork (or ours) combined with the power of coding!

Building Java Script

Session 1: June 24th-28th, 8:30am-12pm

Session 2: July 29th-August 2nd, 12:30p-4pm

Master the basics of JavaScript game development in just one week - a real coding challenge for the true Code Ninja!

Code Drones

Session 1: July 15th-19th, 8:30am-12pm

Session 2: August 19th-23rd, 12:30-4pm

Campers see their code come to life by coding drones! They will learn how to make their drone do a series of tricks and follow challenging flight paths.

Minecraft Create

Session 1: July 1st-5th*, 8:30am-12pm

Session 2: August 5th-9th, 12:30pm-4pm

Dream up and design your own Minecraft world! Zombies, purple trees, and flying pigs - oh my! (Requires a Java Edition account, not included with tuition). *No camp on July 4th

Roblox Create

Session 1: July 8th-12th, 8:30am-12pm

Session 2: August 12th-16th, 12:30pm-4pm

Campers will learn the basics of building and creating in Roblox. In Roblox, your child can create much more than a game. Every student will plan, design and build their own 3D world!



S.T.E.A.M. PROGRAMS

Mad Science Camp

Who: Ages 7-12

Dates: August 5th-9th

Time: 9am-12pm

Location: The Barn at Indian Ledge

Fee: \$240 per person

Working together with common goals, Mad Science and the NASA Langley Center for Distance Learning have created the NASA Academy of Future Space Explorers, an unparalleled after-school program experience that brings the excitement and wonder of NASA's activities to you! This is a unique experience that brings you five out of this world classes.

Engineering Imagination Inc.

Who: Children entering grades K-5

Dates: July 8th-12th

Time: Grades K-2, 9am-12pm
Grades 3-5, 1pm-4pm

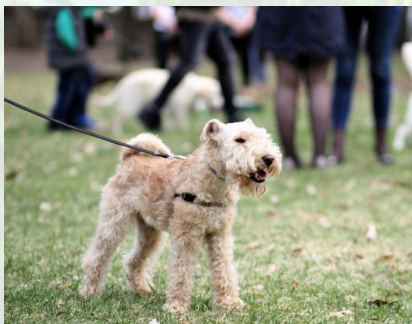
Location: The Barn at Indian Ledge

Fee: \$150 per person

In this program, young engineers will use a variety of medias such as LEGO, recycled materials, salvaged motors and gears, balsa wood & more to explore unique, customized S.T.E.A.M. (Science, Technology, Engineering, Architecture, Mathematics) curriculum. Using these medias, participants will learn about & build projects such as hydroelectric waterwheels, model rockets and scale bridges. From a model roller coaster to LEGO challenges, your child is sure to have blast and learning along the way!

Did you know?

Indian Ledge Park offers a playground, sprinkler pad, athletic fields, R/C track, and a recreation building called "The Barn". It is also home to a dog park!



Join us for a special performance by the

Milford Concert Band

Monday, July 22nd

7-8:30pm

Trumbull Town Hall Gazebo

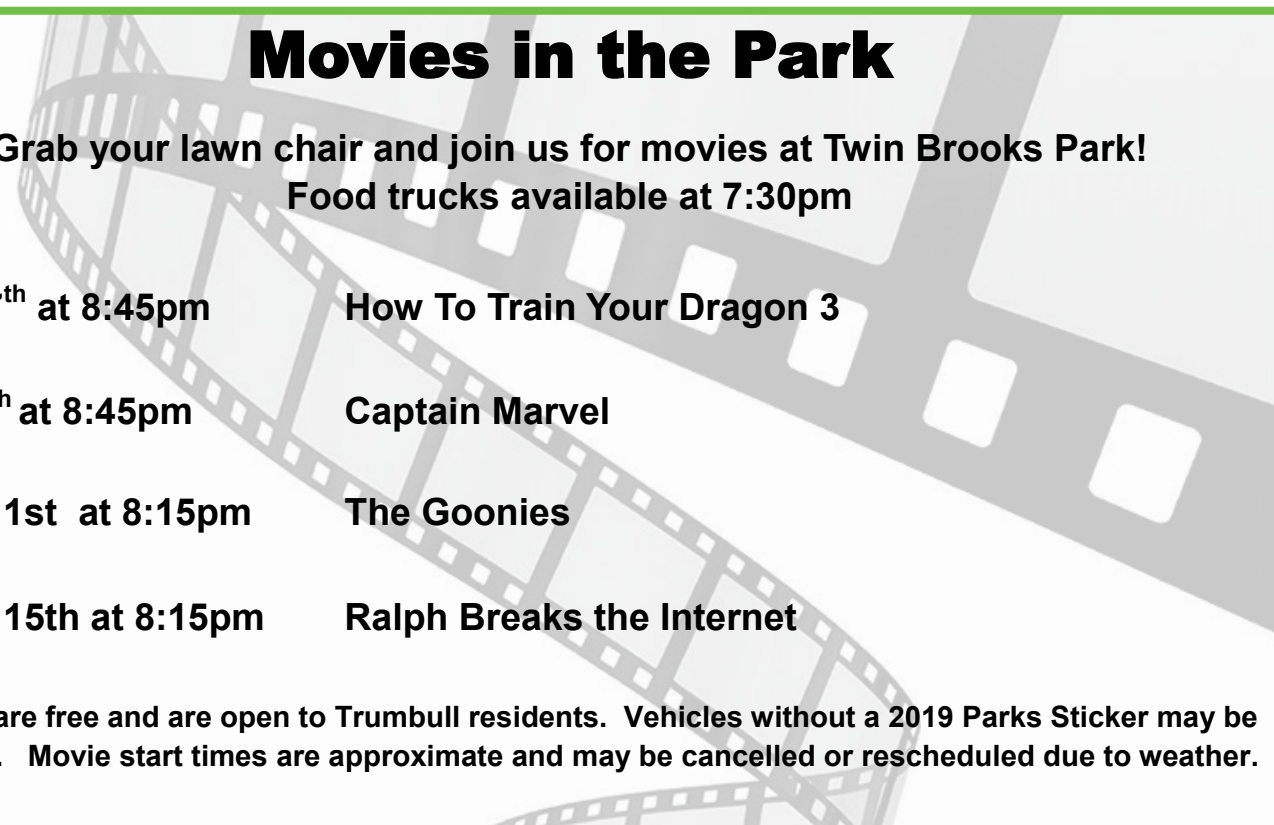
Directed by Duane Berge, this group will perform a variety of pop, jazz, Broadway, patriotic and family fun favorites. Bring your lawn chair and the family to enjoy an evening of music you can sing along to!



MOVIES

Movies in the Park

Grab your lawn chair and join us for movies at Twin Brooks Park!
Food trucks available at 7:30pm



June 27 th at 8:45pm	How To Train Your Dragon 3
July 11 th at 8:45pm	Captain Marvel
August 1st at 8:15pm	The Goonies
August 15th at 8:15pm	Ralph Breaks the Internet

Movies are free and are open to Trumbull residents. Vehicles without a 2019 Parks Sticker may be ticketed. Movie start times are approximate and may be cancelled or rescheduled due to weather.

Dive-In Movies

Join us for a movie night at Tashua Pool!



July 18th at 8:45pm	Finding Nemo
August 22nd at 8:15pm	Aqua-man

Movies are free and are open to Trumbull residents– ID required. See our Pool Information page for entry requirements. Movie start times are approximate and may be cancelled or rescheduled due to weather. Pool noodles and small tubes may be used during this event (subject to lifeguard discretion).

Bow-Tie Movie Passes

Did you know the Trumbull Parks and Recreation office sells Bow Tie Cinema movie passes? Tickets are \$9 each and can be redeemed at the theater or online. We accept cash, Visa, Master Card or Discover.